The role of a Complementary Therapist plays a crucial role in providing holistic care to cancer patients and their loved ones by offering therapies that complement conventional medical treatments. The service aims to improve the quality of life, reduce stress, and support in reducing the symptoms associated with cancer and its treatment, such as pain, fatigue, and emotional distress.

### **Job Description**

**Position Title:** Complementary Therapist

Reporting to: Service Lead

Hours per week: 25 hours

Location: The Oasis, Macmillan Jersey's Cancer Support and Wellbeing Centre, Lido Medical

Centre, St Saviours Road.

## **Key Responsibilities:**

## 1. Therapeutic Services:

- Provide a range of complementary therapies such as massage therapy, reflexology, aromatherapy, or Reiki, tailored to the needs of service user.
- Assess patients' physical and emotional needs to create individualized therapy plans.
- Ensure therapies are delivered safely, considering the patient's medical condition, treatment stage, and overall well-being.

## 2. Patient Care and Support:

 Offer emotional support and a compassionate presence, helping service users cope with the emotional impact of cancer.

## 3. Documentation and Reporting:

- Maintain accurate records of service user sessions, including therapy plans, outcomes, and any other relevant information.
- Liaise with cancer support team at Macmillan Jersey to ensure collaborated approach to service users experience

## 4. Professional Development:

- Stay updated with the latest research and developments in complementary therapies, especially as they relate to cancer care.
- Attend regular training sessions and workshops to enhance skills and knowledge.

### 5. Community Outreach and Education:

 Participate in charity events, workshops, and community outreach programs to raise awareness about the benefits of complementary therapies in cancer care when necessary.

## **Qualifications and Skills:**

# Qualifications:

- o VTCT Level 3 Diploma or equivalent
- Additional certification or training in oncology massage or cancer care is highly desirable but not essential.

## Experience:

- o A minimum of 2-3 years of experience as a complementary therapist.
- Prior experience working with cancer patients or in a healthcare setting is desirable but not essential.
- o Knowledge of the third sector
- o Experience of working in a small team

#### Skills:

- Strong communication and interpersonal skills.
- o Compassionate and empathetic approach to patient care.
- o Ability to work independently and as part of a multidisciplinary team.
- Knowledge of cancer treatments and their side effects is desirable but not essential.

This role is ideal for someone who is passionate about holistic health and wants to make a significant difference in the lives of individuals affected by cancer.

To apply or for more information, please send your CV with a covering letter to <a href="mailto:steph@macmillanjersey.com">steph@macmillanjersey.com</a>